

# EAST LAKE MIDDLE SCHOOL

## ELECTIVE OPTIONS & DESCRIPTIONS

### **Health & Fitness**

#### M/J Health 4 & 6 (Semester Course)

This course in health education focuses on the development of sound mental health practices and the physical, emotional, and social growth changes, which occur in adolescence. Self-awareness, character identification, personality traits, and effective communication with others are discussed. Disease prevention and control including HIV infection/AIDS, substance abuse prevention, and safe living in the middle school years are studied.

#### M/J Team Sports/Fitness/Individual Sports (Semester Course)

The purpose of this course is to provide students with the knowledge, skills, and values they need to become healthy and physically active for a lifetime. This course addresses both the health and skill-related components of physical fitness which are critical for students' success.

### **Music/Performing Arts**

#### M/J Band 1-3 (Year-long Course)

This course includes a thorough exploration of music fundamentals and the development of performance skills on wind and percussion instruments.

#### Dance 1-3 (Year-long Course)

The purpose of this course is to train the young artist who has the potential to work with band, group, or individual in movement. Students with little or no instrumental or vocal experience develop musicianship, technical proficiency, and performance skills. Public performances may serve as a culmination of specific instructional goals. Students may be required to attend and/or participate in rehearsals and performances outside the school day to support, extend, and assess learning in the classroom. There is no prerequisite for this class.

#### M/J Orchestra 1-3 (Year-long Course)

The purpose of this course is to develop performance techniques, ear training, music fundamentals, bowing, and posture while performing a wide variety of string music. For string instrumentalists only.

### **World Language (High School Credit Classes)**

#### Spanish 1 & 2 (Year-long Course)

Learn basic Spanish grammar to help build your fluency and understanding, and apply what you learn through interactive games, written practice, listening, and speaking exercises.

### **Technology**

#### Digital Information Technology (HS Class 8<sup>th</sup> Grade Only – Year-long Course)

Diving into this exciting course provides you with the foundational skills needed for future careers in game development, web design, military defense and software engineering. You'll explore Microsoft Office online applications, digital design, emerging technologies, Information Technology careers, and much more. Learn your strengths and how they relate to potential career opportunities. This course serves as a prerequisite to many career and technical education programs of study for high school.

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### Computer Applications (Semester Course – 7<sup>th</sup> Grade Only paired with Team Sports)

Course is designed to provide instruction in intermediate keyboarding, intermediate word processing, intermediate electronic presentation, intermediate computer hardware, intermediate Internet, introductory spreadsheet, and soft skills for business applications. These competencies provide the skills necessary to ensure increased productivity and efficient utilization of equipment.

### Information & Communication Technology (Year-long Course)

This course provides greater depth and more complex concepts and the skills/knowledge to master these concepts as compared to Computer Applications. In addition to working with network concepts, students will be provided opportunities to further extend their skills with various software applications by creating more complex documents, using more complex functions and technologies, Web 2.0, database, digital photography and imaging, video production, video and audio editing, Audacity, and interactive programs.

### **Gifted Education (Must be currently eligible for gifted services to be placed in this class)**

#### M/J ADV ACAD: 6-8 GIFTED Advanced Academic (Year-long Course)

This course is designed to enable exceptional students to acquire and apply the skills and abilities needed to enhance academic achievement through experiences which provide enrichment, in-depth learning, and /or accelerated study of academic curriculum requirements. Students who are gifted have learning needs that go beyond what is traditionally offered in the regular classroom. The nature of their abilities, demonstrated or latent, requires differentiated learning experiences and opportunities for them to maximize their potential. Teachers need to develop the depth and quality of their students' experiences while adjusting the pace to meet individual needs.

This course is meant to be used at each 6-8 grade level and has been designed for the teacher to select and teach only the appropriate standards corresponding to a student's individual instructional needs. Major Concepts/Content. The purpose of this course is to provide appropriately individualized curricula for students who are gifted.